

## Forest School

During the next half of the Autumn Term, all classes will be having weekly forest school sessions on Tuesdays.



Children will be able to come into school on Tuesdays in their Forest Schools base layers (including a school jumper or cardigan) and have their waterproof overclothes and footwear in a separate bag to put on quickly before their session. This saves changing time and maximises the time the children get to spend outdoors. **Please note Class 1 pupils can come to school in all of their forest school waterproof clothes and wellies as they will be accessing the woodland area from 9am.**

With this in mind it is important that children are dressed appropriately so that they do not feel too cold / too wet / too hot / uncomfortable. Clothing is highly likely to get dirty and muddy so please send children in old clothes so that they are not worrying about spoiling them.

On occasion children may get wet so having spare socks and bottoms in school is recommended.

### Essential

- Waterproof coat with a hood
- Long sleeved top (to prevent scratches and stings)
- Full length trousers / jogging bottoms
- Warm boots / wellies / walking boots / sturdy trainers
- Warm socks plus a spare pair to change into
- Water bottle
- Waterproof trousers so you can sit and kneel in the woods without getting wet knees and bottoms.
- Layers of clothes in the winter for warmth

Kind Regards,

Miss Perry